

# KNOW

## the SIGNS of



### BODY

- High body temperature

### HEART

- Racing heart

### BRAIN

- Seizures

### EYES

- Glassy eyes
- Fearful expression

### MOUTH

- Heavy panting
- Excessive drooling
- Red or purple gums and tongue
- Vomiting

### LEGS

- Collapsing or staggering

### How to keep your dog cool on hot days

- Restrict exercise
- Never leave in car, hot room or sun trap
  - Ensure drinking water and a cool, shaded spot is always available
  - Walk early in the morning or later in the evening
- Spray with cool water



### Steps to take if you're worried your dog has heat stroke

- Move somewhere cool
- Offer small amounts of tepid water
- Using wet towels, douse with cool (but never, ever cold) water
- Place in the breeze of a fan
- Contact your vet or, out of hours, your nearest pet emergency clinic straight away



## KNOW the NUMBERS

**3.5°F** - This small increase in a dog's body temperature is all it takes for heat stroke to kick in

**10°F** - Average temperature white cars are cooler than black cars after being in the sun for an hour

**15** - Minutes it can take for a dog to die of heat stroke

**50%** - Average survival rate of dogs diagnosed with heat stroke



**60** - Amount of days it can take for a dog to acclimate to temperature changes

**101.3°F** - Dog's normal body temperature

**109.4°F** - At this body temperature a dog's organs begin to fail

**Be prepared this summer.  
Save your pet emergency service number now.**

